

# ABSOLUTE LOVE Publishing



BOOK CATALOG

**SPECIALTY  
ADULT NON-FICTION  
ADULT FICTION  
MIDDLE GRADE  
CHILDREN'S  
MIN-E-BOOKS™**

**Our mission is to  
create and publish  
media promoting  
goodness in the  
world.**

# SPECIALTY

# NON-FICTION



Consciously create a life you love with the inaugural edition of ALOVEDLIFE!

Volume one of this evergreen book-magazine hybrid by Absolute Love Publishing features stories on Intentional Living, Elevated Action, Conscious Connection, and Sacred Self Care.

Reads like a magazine. Permanent like a book!

**ALOVEDLIFE, Volume 1**  
Absolute Love Publishing  
Paperback Retail Price: \$20.00  
ISBN: 978-0999577363



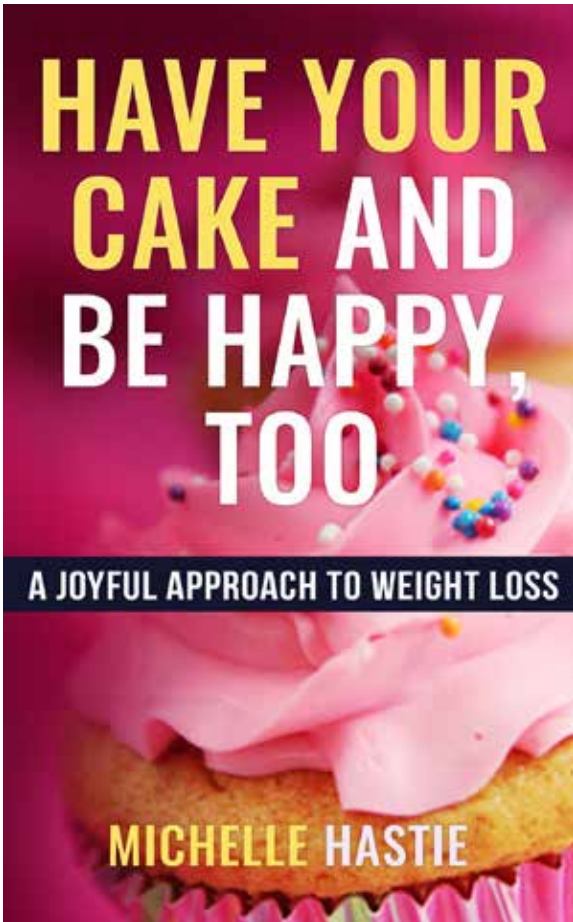
Out-parented at PTA? Out-liked on social media? Wondering how your best friend from high school's kids are always color-coordinated, angelic, and beaming from every photo, while your kids look more like feral monkeys? It's okay. Imperfection is the new perfection! Join Meredith Ethington, "one of the funniest parents on Facebook," according to Today.com, as she relates encouraging stories of real-mom life in her debut parenting humor book, *Mom Life: Perfection Pending*.

Whether you're buried in piles of laundry, packing your 50th sack lunch for the week, or almost making it out the door in time for school, you'll laugh along with stories of what real-mom life is like--and realize that sometimes simply making it through the day is good enough. An uplifting yet real look at all that is expected of moms in the 21st century, *Mom Life: Perfection Pending* is so relatable you'll find yourself saying, "I guess I'm doing okay after all."

**Mom Life: Perfection Pending**  
Absolute Love Publishing  
Paperback Retail Price: \$15.95  
ISBN: 978-0999577318

# NON-FICTION

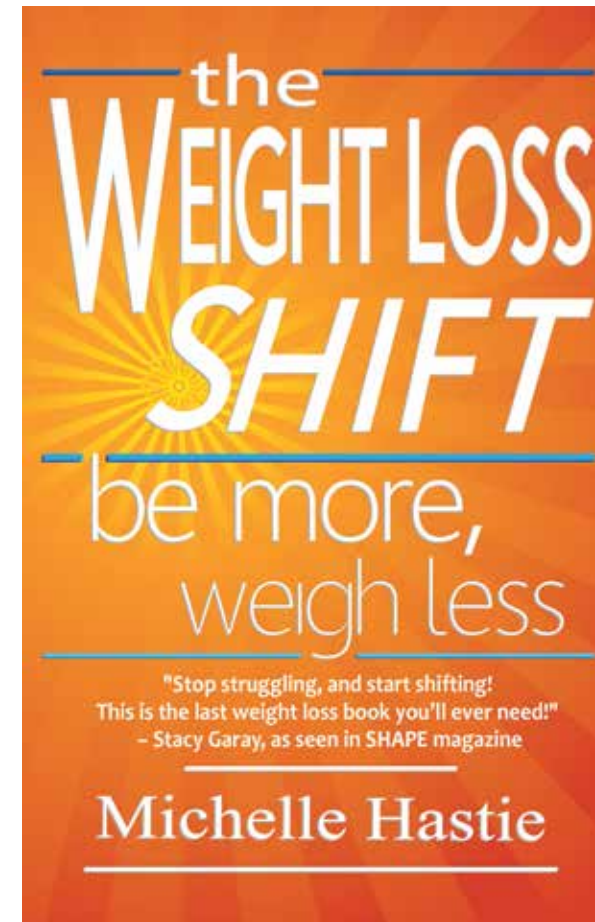
# NON-FICTION



Have you tried every weight loss trick and diet out there only to still feel stuck with unwanted body fat? Are you ready to live joyfully and fully, in a body that stores only the amount of fat it needs? Then this book is for you.

In *Have Your Cake and Be Happy, Too: A Joyful Approach to Weight Loss*, author Michelle Hastie uses her research into nutrition and the psychology of weight loss to help you uncover the mindset you need to transition from fat storing to fat burning, without overly fancy or external tactics. No more strict regimens or unfulfilling meals. Just strong body awareness, deep mind-body connection, and positive results. Don't change your diet or your exercise routine. Instead, pick up this book, and change your life.

Have Your Cake and Be Happy, Too: A Joyful Approach to Weight Loss  
Michelle Hastie  
Paperback Retail Price: \$14.95  
ISBN: 978-0999577301



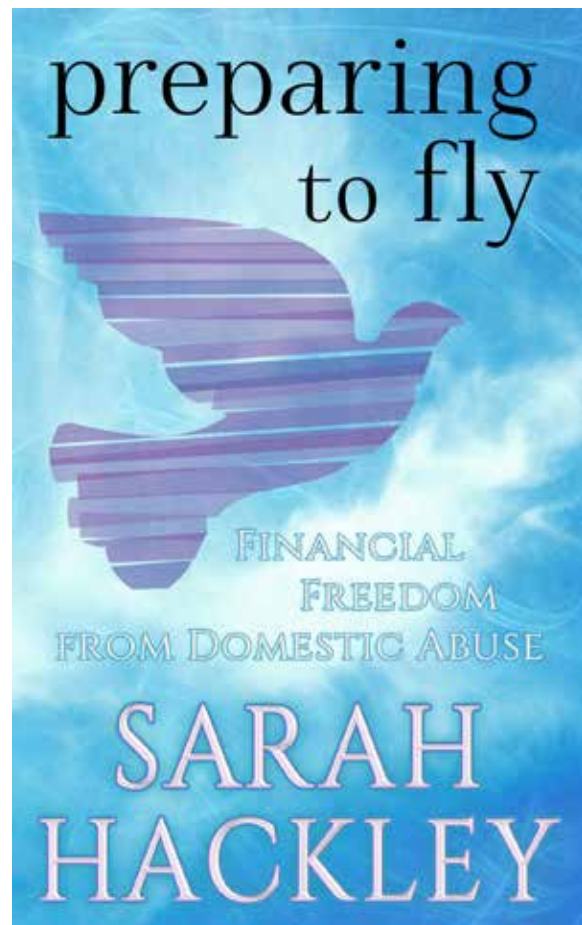
*The Weight Loss Shift: Be More, Weigh Less* by Michelle Hastie helps those searching for their ideal bodies shift into a higher way of being, inviting the lasting weight they want – along with the life of their dreams! Skip the diets and the gimmicks, *The Weight Loss Shift* is a permanent weight loss solution.

Based on science, psychology, and spirituality, Hastie helps readers discover their ideal way of being through detailed instructions and exercises, and then helps readers transform to living a life free from worry about weight–forever!

Would you like to love your body at any weight? Would you like to filter through others' body expectations to discover your own? Would you like to live at your ideal weight naturally, effortlessly, and happily? Then, make the shift with *The Weight Loss Shift: Be More, Weigh Less*.

The Weight Loss Shift: Be More, Weigh Less  
Michelle Hastie  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301745

# NON-FICTION



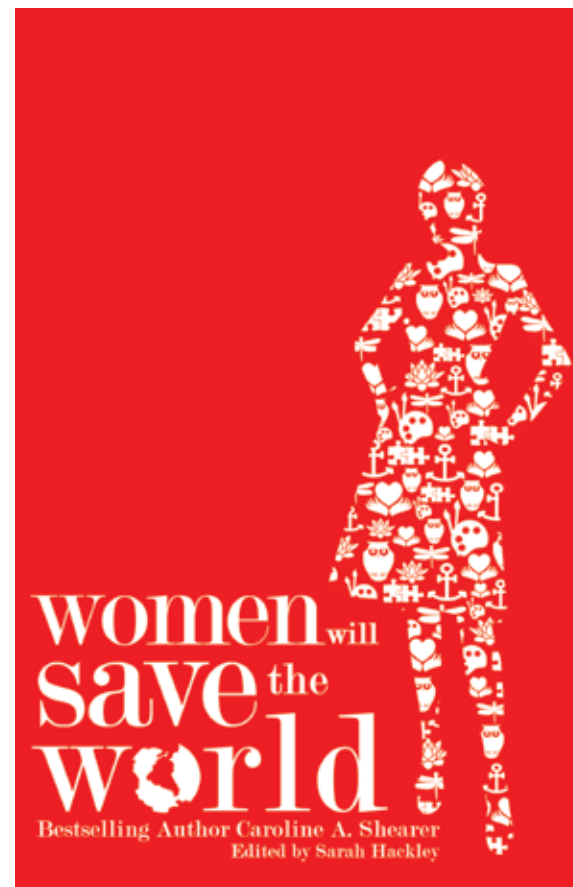
Are financial worries keeping you stuck in an abusive or unhealthy relationship? Do you want to break free but don't know how to make it work financially? Take charge with *Preparing to Fly*, a personal finance book for women who want to escape the relationships that are holding them back.

Drawing on personal experiences and nearly a decade of financial expertise, Sarah Hackley walks readers step-by-step through empowering plans and tools: Learn how much money it will take to leave and how much you'll need to live on your own. Change the way you think about money to promote your independence. Bring control of your life back to where it belongs—with you.

Break free and live in your own power, with *Preparing to Fly*. Additional tips for women with children, married women, pregnant women, the chronically ill, and more!

Preparing to Fly: Financial Freedom from Domestic Abuse  
Sarah Hackley  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301769

# NON-FICTION



Leading women across the nation celebrate the feminine nature through stories of collaboration, creativity, intuition, nurturing, strength, trailblazing, and wisdom in *Women Will Save the World*. Inspired by a quote from the Dalai Lama, bestselling author and Absolute Love Publishing Founder Caroline A. Shearer brings these inherent feminine qualities to the forefront, inviting a discussion of the impact women have on humanity.

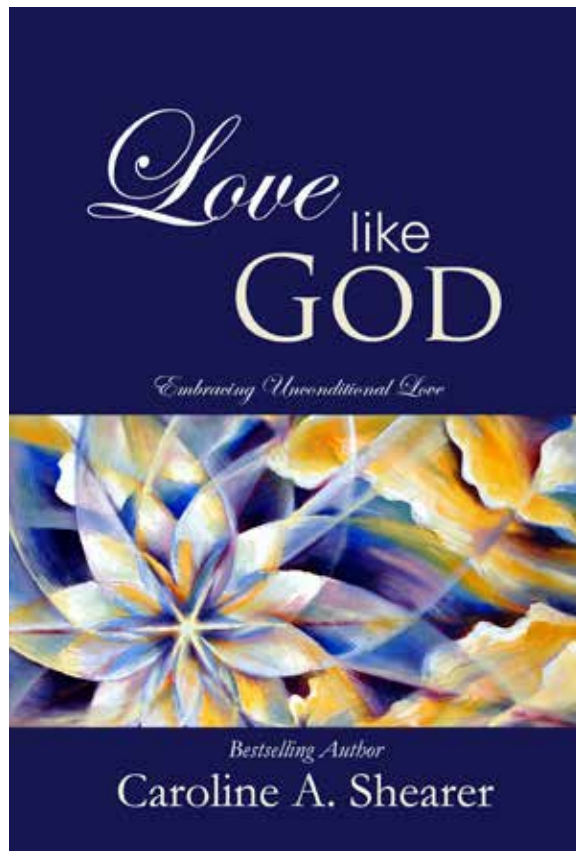
## *Women Will Save the World* Features

- Dozens of essays from leading women across the nation
- Profiles of historical women who saved the world through the feminine qualities of collaboration, creativity, intuition, nurturing, strength, trailblazing, and wisdom
- Affirmations to help strengthen these inherent feminine qualities
- Little-known historical timeline with examples of how women have already saved the world in myriad ways.

Women Will Save the World  
Caroline A. Shearer, Edited by Sarah Hackley  
Paperback Retail Price: \$19.95  
ISBN: 978-0983301721

# NON-FICTION

# NON-FICTION



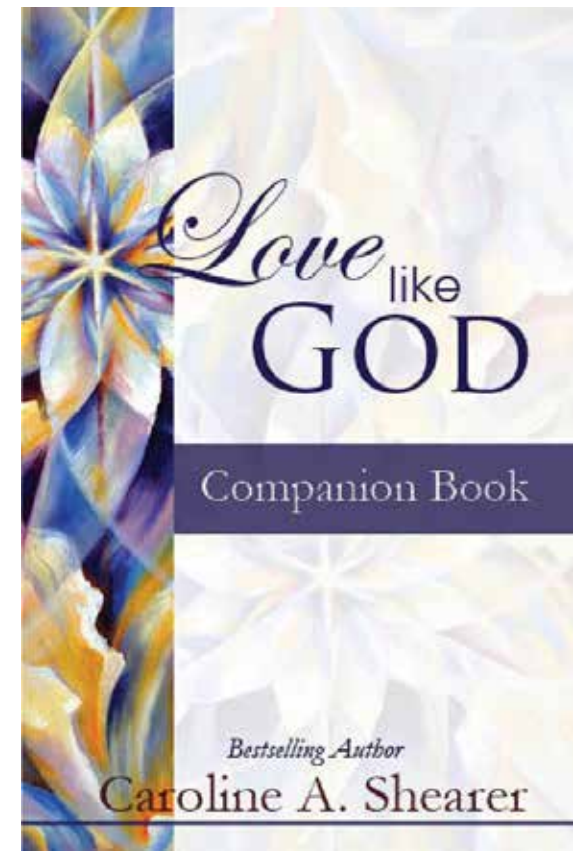
In this groundbreaking compilation, well-known individuals from across the globe share stories of how they learned to release the conditions that block absolute love. Along with the insights of bestselling author Caroline A. Shearer, readers will be reminded of their natural state of love and will begin to envision a world without fear or judgement or pain.

Be Inspired ...

- To release blocks to loving yourself and others unconditionally
- To embrace every challenge as an opportunity for love
- To live without fear

Along with reflections and affirmations, dozens of experts, musicians, authors, professional athletes, and others shed light on the universal experiences of journeying the path of unconditional love.

Love Like God: Embracing Unconditional Love  
Caroline A. Shearer  
Paperback Retail Price: \$19.95  
ISBN: 978-0983301707



You've read the love-expanding essays from the luminaries of *Love Like God*. Now, take your love steps further with the *Love Like God Companion Book*.

The Companion provides a positive, actionable pathway into a state of absolute love, enabling readers to further open their hearts at a pace that matches their experiences.

*Love Like God Companion Book* Features

- Expanded Introduction
- Thoughts and Affirmations from *Love Like God*
- Plus, All New—Love in Action Steps!

Love Like God Companion Book  
Caroline A. Shearer  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301714

# FICTION

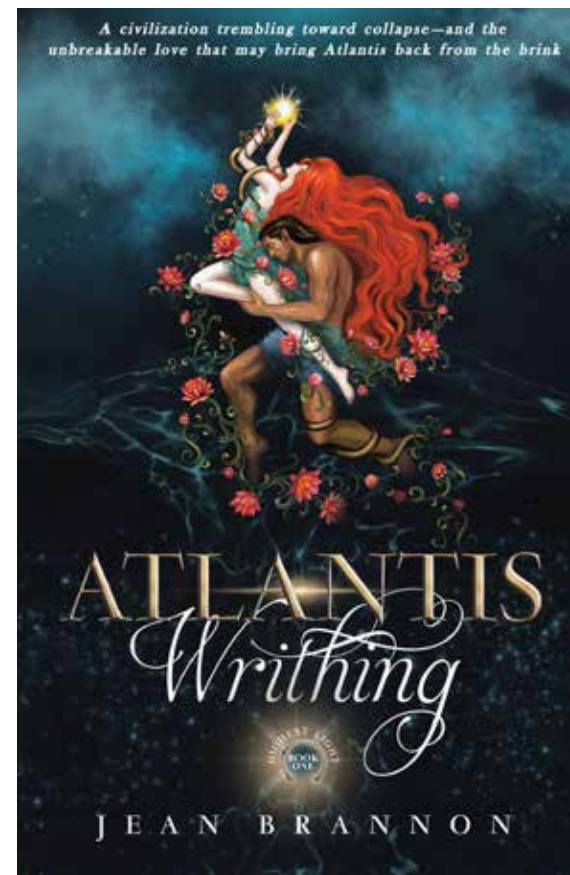


Adventures of a Lightworker: *Dead End Date* is the first in a new series about a woman's crusade to teach the world about love, one mystery and personal hang-up at a time.

In a Bridget Jones meets New Age-style, *Dead End Date* introduces readers to Faith, a young woman whose dating disasters and personal angst have separated her from the reason she's on Earth. When she receives the shocking news that she is a lightworker and has one year to fulfill her life purpose, Faith embarks on her mission with zeal, tackling problems big and small—including the death of her blind date. Working with angels and psychic abilities and even the murder victim himself, Faith dives headfirst into a personal journey that will transform all those around her and, eventually, all those around the world.

A fun, fast-paced metaphysical mystery!

# FICTION



Atlantis is writhing. Chaos and greed have granted an obsessive new monarch enough power to destroy the world—and beyond. The only thing standing between King Gadeirus and intergalactic annihilation is Elysia and her fellow Light Ray missionaries. As time grows short, the missionaries work tirelessly to overcome the evil Lesser Light forces. When all options have been stripped away, a symbol long lost to antiquity surfaces just in time to inspire them to concoct one last desperate scheme.

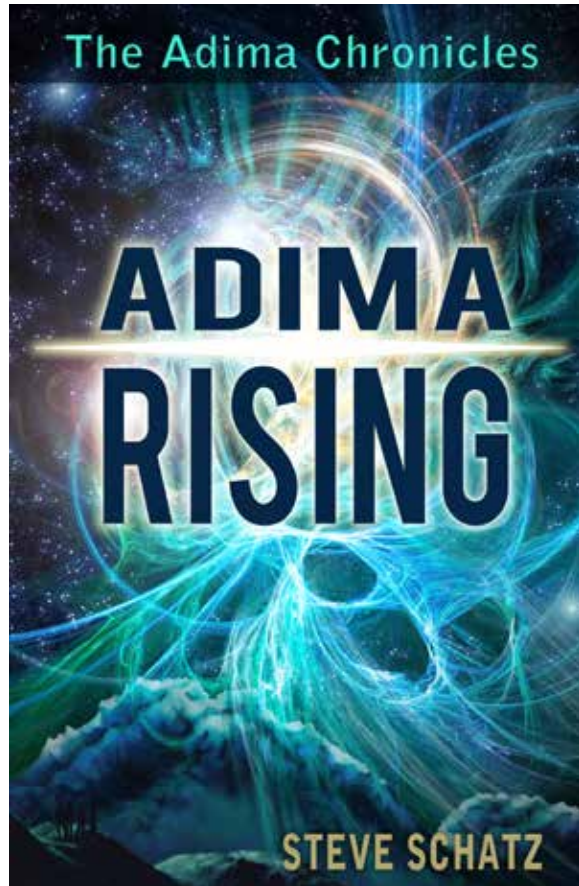
Forbidden longings must be dealt with, too. Cravings Elysia must confront in the presence of hypnotic Alaric, a visiting dignitary with a scandalous past. But behind his seductive ways is a shocking secret—an unexpected key that may help Elysia unlock her potent power and wield it in the fight for the Highest Light.

Advetures of a Lightworker series #1: *Dead End Date*  
Caroline A. Shearer  
Paperback Retail Price: \$19.95  
ISBN: 978-0983301738

Highest Light series #1: *Atlantis Writhing*  
Jean Brannon  
Paperback Retail Price: \$19.95  
ISBN: 978-0999577356

# YOUNG ADULT

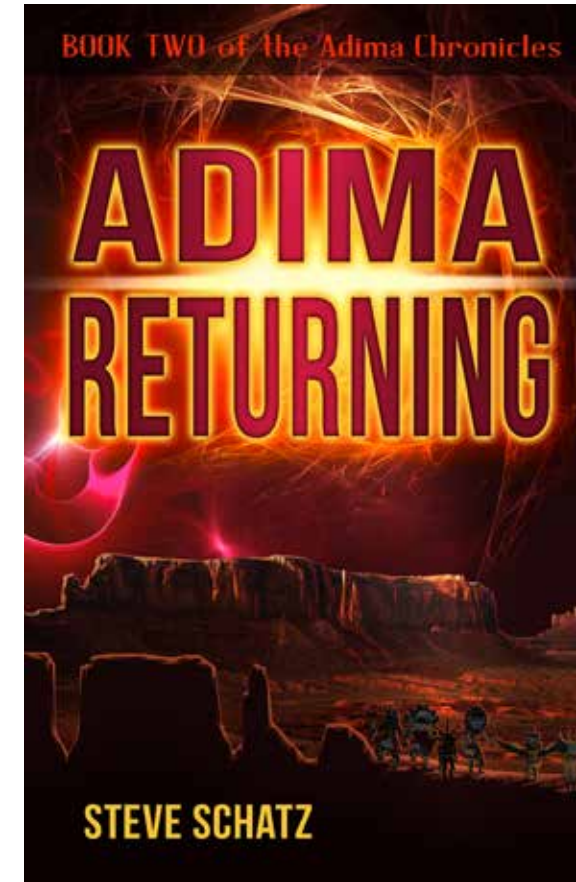
# YOUNG ADULT



For millennia, the evil Kroledutz have fed on the essence of humans and clashed in secret with the Adima, the light weavers of the universe. Now, with the balance of power shifting toward darkness, time is running out.

Guided by a timeless Native American spirit, four teenagers from a small New Mexico town discover they have one month to awaken their inner power and save the world. Rory, Tima, Billy, and James must solve four ancient challenges by the next full moon to awaken a mystical portal and become Adima. If they fail, the last threads of light will dissolve, and the universe will be lost forever. Can they put aside their fears and discover their true natures before it's too late?

The Adima Chronicles, #1: Adima Rising  
Steve Schatz  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301752



The sacred cliff is crumbling and with it the Adima way of life! Weakened by the absence of their beloved friend James, Rory, Tima, and Billy must battle time and unseen forces to unite the greatest powers of all dimensions in one goal. They must move the sacred cliff before it traps all Adima on Earth—and apart from the primal energy of the Spheres—forever!

Aided by a surprising and timeless maiden, the three light-weaving teens travel across the planes of existence to gain help from the magical creatures who guard the Adima's most powerful objects, the Olohos. There is only one path to success: convince the guardians to help. Fail and the cliff dissolves, destroying the once-eternal Spheres and the interdimensional light weavers known as Adima.

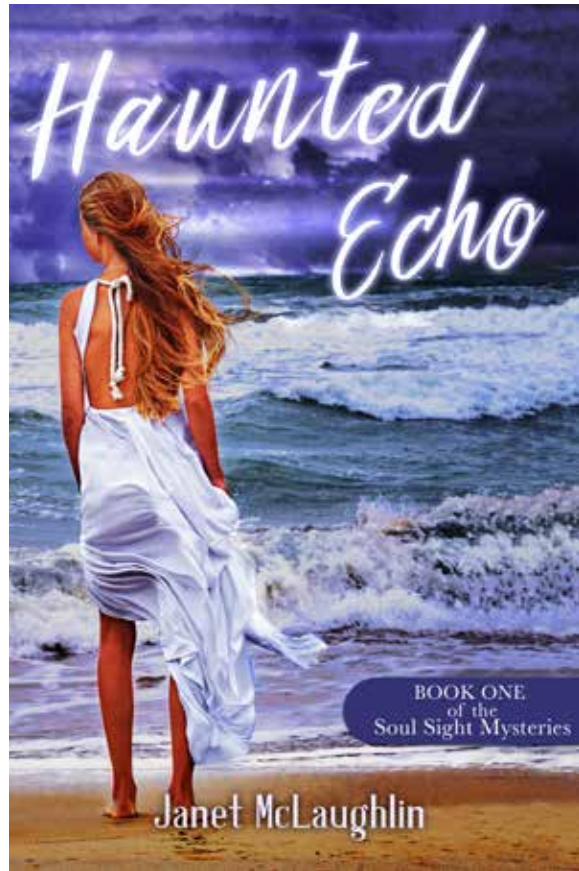
The second spellbinding book of The Adima Chronicles, *Adima Returning* will have your senses reeling right up until its across-worlds climax. Will conscious creation and the bonds of friendship be enough to fight off destructive forces and save the world once again?

The Adima Chronicles, #2: Adima Returning  
Steve Schatz  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301790



# YOUNG ADULT

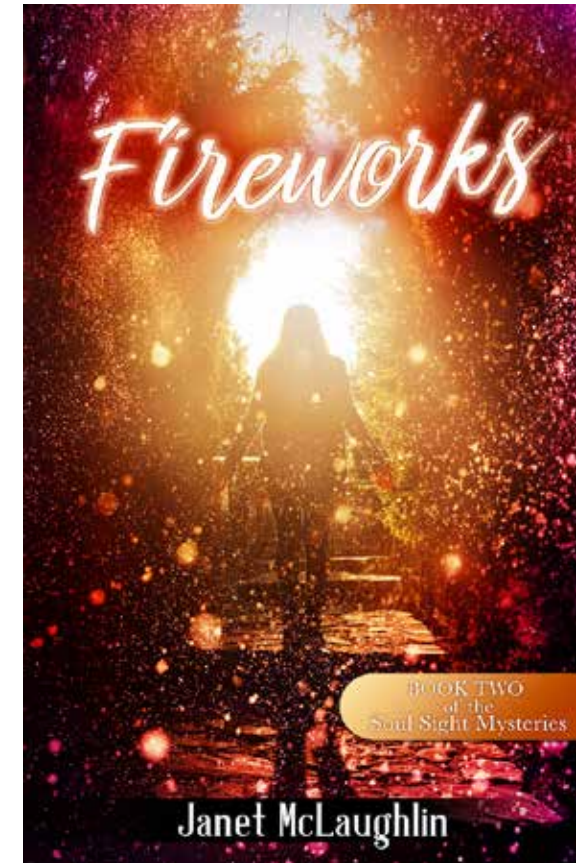
# YOUNG ADULT



Sun, fun, and her toes in the sand. That's what Zoey Christopher expects when she joins her best friend and fellow cheerleader Becca on an exotic Caribbean vacation. What she finds instead is a wannabe boyfriend, a voodoo doll, and Tempy—a tormented young ghost whose past is linked to the island grounds.

Zoey has always seen visions of the future, but when she arrives at St. Anthony's Island to vacation among the jet set, she has her first encounter with a bona fide ghost. Forced to uncover the secret behind the girl's untimely death, Zoey quickly realizes that trying to solve the case will place her in mortal danger. Shaken and confused by a menacing threat and by her budding feelings for the too-cute, too-nice Chris, will Zoey find a way to survive this vacation and put Tempy to rest?

Soul Sight Mysteries, #1: Haunted Echo  
Janet McLaughlin  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301776



Dreams aren't real. Psychic teen Zoey Christopher knows the difference between dreams and visions better than anyone, but ever since she and her best friend returned from spring vacation, Zoey's dreams have been warning her that Becca is in danger. But a dream isn't a vision—right?

Besides, Zoey has other things to worry about, like the new, cute boy in school. Dan obviously has something to hide, and he won't leave Zoey alone—even when it causes major problems with Josh, Zoey's boyfriend. Is it possible he knows her secret?

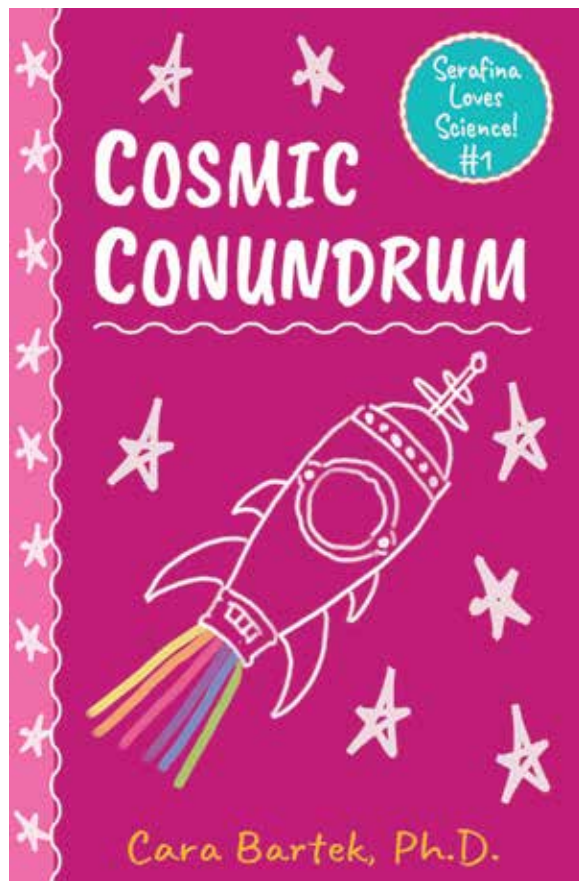
Then, one night, Becca doesn't answer any of Zoey's texts or calls. She doesn't answer the next morning either. When Zoey's worst fears come true, her only choice is to turn to Dan, whom she discovers has a gift different from her own but just as powerful. Is it fate? Will using their gifts together help them save Becca, or will the darkness win?

Soul Sight Mysteries, #2: Fireworks  
Janet McLaughlin  
Paperback Retail Price: \$14.95  
ISBN: 978-0983301783

Discover what's real and what's just a dream in *Fireworks*, book two of the Soul Sight Mysteries!

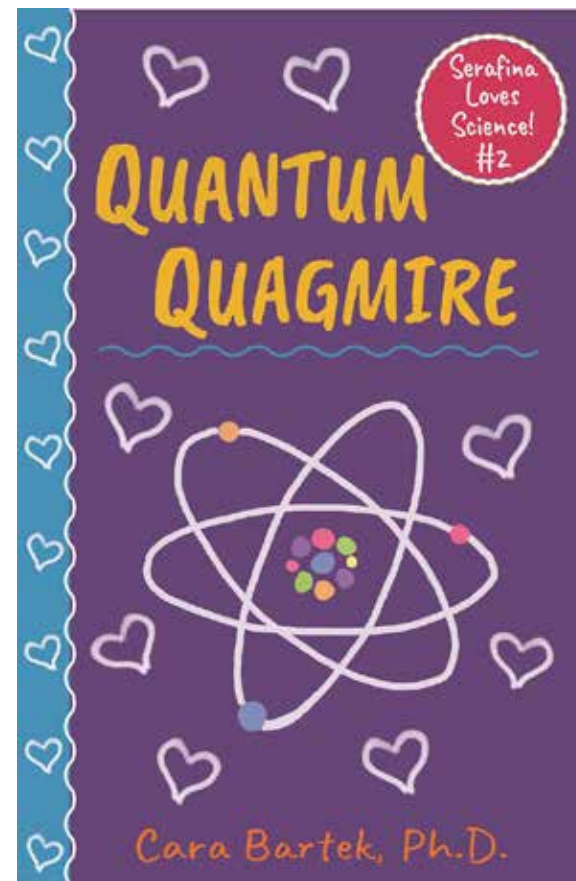
# MIDDLE GRADE

# MIDDLE GRADE



In *Cosmic Conundrum*, sixth grader Serafina Sterling finds herself accepted into the Ivy League of space adventures for commercial astronauts, where she'll study with Jeronimo Musgrave, a famous and flamboyant scientist who brought jet-engine minivans to the suburbs. Unfortunately, Serafina also meets Ida Hammer, a 12-year-old superstar of science who has her own theorem, a Nobel-Prize-winning mother, impeccable fashion sense-and a million social media followers. Basically, she's everything Serafina's not. Or so Serafina thinks.

Even in an anti-gravity chamber, Serafina realizes surviving junior astronaut training will take more than just a thorough understanding of Newton's Laws. She'll have to conquer her fear of public speaking, stick to the rules, and overcome the antics of Ida. How will Serafina survive this cosmic conundrum?



Serafina suspects something is wrong when her best friend, Tori Copper, loses interest in their most cherished hobbies: bug hunting and pizza nights. When she learns Tori's parents are getting a divorce and that Tori's mom is moving away, Serafina vows to discover a scientific solution to a very personal problem so that Tori can be happy again. But will the scientific method, a clever plan, and a small army of arachnids be enough to reunite Tori's parents? When the situation goes haywire, Serafina realizes she has overlooked the smallest, most quantum of details. Will love be the one challenge science can't solve?

Join Serafina in another endearing adventure in book two of the Serafina Loves Science! series.

Serafina Loves Science! #1: Cosmic Conundrum

Cara Bartek

Paperback Retail Price: \$12.95

ISBN: 978-0999577332

Serafina Loves Science! #2: Quantum Quagmire

Cara Bartek

Paperback Retail Price: \$12.95

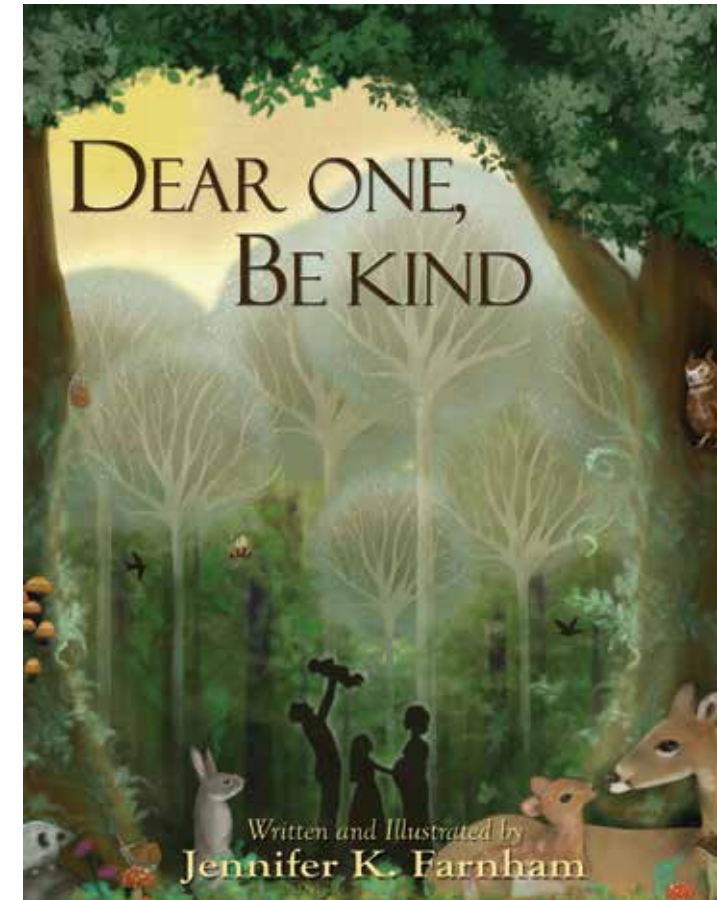
ISBN: 978-0999577349



Twelve-year-old Izzy wants to be like everyone else, but she has a secret. She isn't weird or angry, like some of the kids at school think. Izzy has Tourette syndrome. Hiding outbursts and tics from her classmates is hard enough, but when a new girl arrives, Izzy's fear of losing her best friend makes Izzy's symptoms worse. And when she sees her crush act suspiciously, runaway thoughts take root inside of her. As the pressure builds and her world threatens to spin out of control, Izzy must face her fear and reveal her secret, whatever the costs.

Authentic and perceptive, *Different* shines a light on the delicate line of a child's hopes and fears and inspires us all to believe that perhaps we are not so different after all.

Zoey Christopher #1: Different  
Janet McLaughlin  
Paperback Retail Price: \$14.95  
ISBN: 978-0999577325

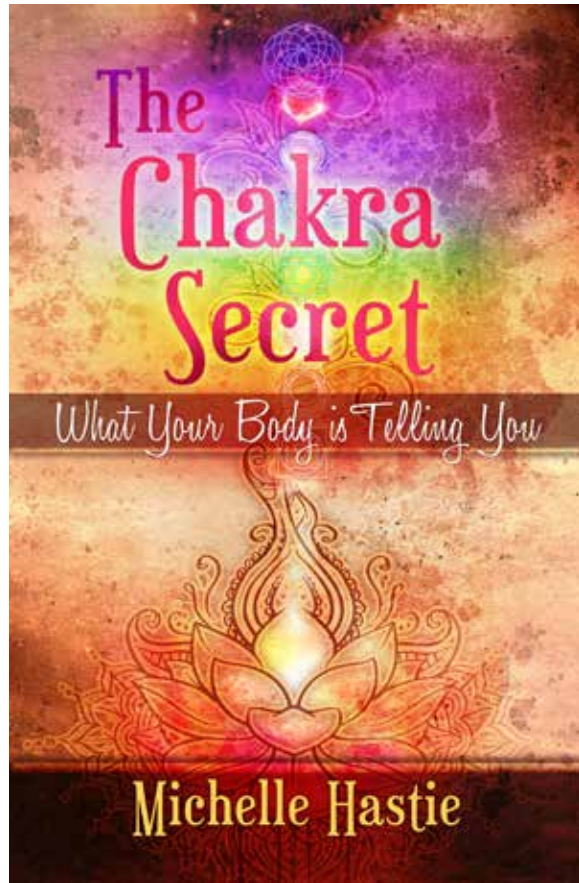


Dear One, Be Kind  
Jennifer K. Farnham  
Paperback Retail Price: TBD  
ISBN: TBD

To be released:

This beautiful children's book by Jennifer Farnham takes young children on a journey of harmony and empathy. Using rhyme and age-appropriate language and imagery, *Dear One, Be Kind* illustrates how children can embrace feelings of kindness and love for everyone they meet, even when others are seemingly hurtful. By revealing the unseen message behind common childhood experiences, the concept of empathy is introduced, along with a gentle knowledge of our interconnectedness and the belief that, through kindness, children have the power to change their world.

Magically illustrated with a soothing and positive message, this book is a joy for children and parents alike!



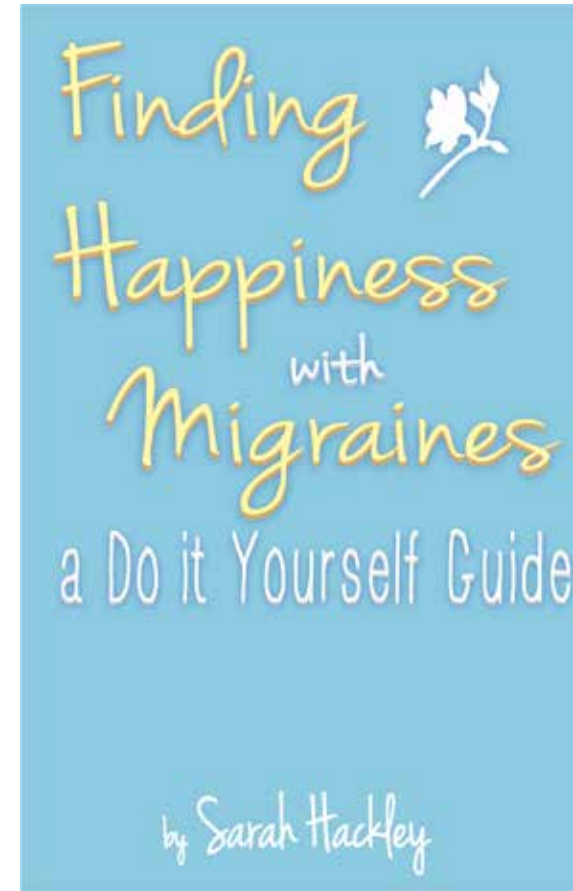
Have you wondered why you run into the same physical issues over and over again? Maybe you are dealing with dis-eases or ailments and are ready to treat more than just the symptoms ... Or perhaps you've simply wondered why you gain weight in your midsection while your friend gains weight in her hips?

Get ready to understand how powerful energy centers in your body communicate messages from beyond the physical. Discover the root, energetic problems that are causing imbalances in your body, and harness a universal power to create drastic changes in your happiness, your wellbeing, and your body with *The Chakra Secret*.

Some of the goodies included in *The Chakra Secret*:

- Tools to help you discover and heal energetic blockages
- Foods that nourish each chakra
- Yoga poses for each chakra
- Foreword by Sealed with Love Founder Elizabeth Harper

The Chakra Secret: What Your Body Is Telling You  
Michelle Hastie  
Digital Retail Price: \$3.99



Do you have uncontrollable migraine attacks? Are you feeling exhausted, anxious, and/or depressed? Like you're running out of options?

Don't suffer for another day!

Take charge of your body, your mind, your emotions, and your health with Sarah Hackley's *Finding Happiness with Migraines: A Do It Yourself Guide*. Readers everywhere are talking about the supportive, encouraging, and useful tips found in this quick read.

With practical tips, guided practices, positive affirmations, and a compassionate understanding of your struggle, Sarah walks you through five easy-to-implement steps to create real, lasting change in your life.

Finding Happiness with Migraines: a Do It yourself Guide  
Sarah Hackley  
Digital Retail Price: \$3.99

Raise Your Vibration Series #1

Join the 10K+ who have raised their vibration!

## RAISE YOUR VIBRATION

Tips and Tools  
for a  
*High-Frequency Life*

Absolute Love Publishing Founder

*Caroline A. Shearer*

Presenting mind-opening concepts and tips, *Raise Your Vibration: Tips and Tools for a High-Frequency Life*, a min-e-book™, opens the doorway to your highest and greatest good! This min-e-book™ demonstrates how every thought and every action affect our level of attraction, enabling us to attain what we truly want in life.

As beings of energy that give off and respond to vibration, it's important we understand the clarity, fullness, and happiness that come from living at a higher frequency. Divided into categories of mind, body, and spirit/soul, readers will learn practical steps they immediately can put into practice to resonate at a higher vibration and to further evolve their souls.

A must-read primer for a higher existence! Are you ready for a high-frequency life?

Raise Your Vibration Series #2

Join the 10K+ who have raised their vibration!



## RAISE YOUR FINANCIAL VIBRATION

Absolute Love Publishing Founder

*Caroline A. Shearer*

Are you tired of worrying over the pile of bills on your counter? Do you spend way too much time thinking you don't deserve a life of financial abundance? Do you feel beaten down by the weight of a financial misstep?

It's time to let go of the weight of past mistakes, and realize your full capacity for an abundant life. Are you ready for a high-frequency financial life? Allow, embrace, and enjoy your infinite spiritual abundance and financial wealth today!

Absolute Love Publishing Creator Caroline A. Shearer explores simple steps and shifts in mindset that will help you receive the abundance you desire in *Raise Your Financial Vibration: Tips and Tools to Embrace Your Infinite Spiritual Abundance*, a min-e-book™. Learn how to release blocks to financial abundance, create thought patterns that help you achieve a more desirable financial reality, and fully step into an abundant lifestyle by discovering the art of being abundant.

Raise Your Vibration: Tips and Tools for a High Frequency Life

Caroline A. Shearer

Digital Retail Price: \$3.99

Raise Your Financial Vibration: Tips and Tools to Embrace Your Infinite Spiritual Abundance

Caroline A. Shearer

Digital Retail Price: \$3.99

Raise Your Vibration Series #3

Join the 10K+ who have raised their vibration!

RAISE  
YOUR  
VERBAL  
VIBRATION

Absolute Love Publishing Founder

Caroline A. Shearer

Are the words you speak bringing you closer to the life you want? Or are your word choices inadvertently creating more difficulties, leading you into negativity and lack? Discover words and phrases that are part of the Language of Light in Absolute Love Publishing Creator Caroline A. Shearer's latest in the Raise Your Vibration min-e-book™ series: *Raise Your Verbal Vibration: Create the Life You Want with Law of Attraction Language*.

Learn what common phrases and words hold you back from fully realizing an abundant life, and utilize a list of high-vibration words that you can begin to incorporate into your vocabulary.

Increase your verbal vibration today with this compelling addition to the Raise Your Vibration series!

Where is  
the Gift?



Discovering the  
Blessing in  
Every Situation

BESTSELLING AUTHOR

CAROLINE A. SHEARER

Are you in a situation that is challenging you? Are you struggling with finding the perfect gift the universe is holding for you?

The challenges of life can leave us frustrated, angry, and imprisoned in a sense of futility and despair. But even in the most difficult of situations, there is an opportunity for improvement. Inside every challenge is a beautiful gift waiting for us to unwrap it. All it takes is our choice to learn the lesson of the challenge!

*Where is the Gift?* by bestselling author Caroline Shearer will lead you to the gift in every situation, liberating you into a fulfilling, optimistic existence. This min-e-book™ will help you:

- unwrap your blessings with more ease and grace
- trust in the perfect manifestation of your life's challenges
- move through life with the smooth path your higher self intended

Make the choice: unwrap your gift today!

Raise Your Verbal Vibration: Create the Life You Want with Law of Attraction Language

Caroline A. Shearer

Digital Retail Price: \$3.99

Where Is the Gift? Discovering the Blessing in Every Situation

Caroline A. Shearer

Digital Retail Price: \$3.99

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